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**Antiochian Orthodox Archdiocese of Australia, New Zealand  
And the Philippines**

**HIS EMINENCE METROPOLITAN ARCHBISHOP PAUL SALIBA  
PRIMATE**

**PROLOGUE**

There is no place for triumphalism when speaking of the Orthodox Church today, particularly when referring to Its Educational and Spiritual tasks. Our Orthodox teachings, symbols, traditions and feasts are not widely known in The Philippines. This book will be the first step in exposing Orthodoxy to the Philippino people in the native Tagalog language. We cannot simply tell our children and youth “You must believe because I say so”, or “because it is the Teaching of the Bible”. Naturally we will say “I believe”, or “The Church Teaches...” however, we now have the Church’s teachings summarised in this book, giving all the opportunity to read it and compare it to other teachings. This is why this book is so very important.

Orthodoxy and Church life are not abstract concepts. The Orthodox Church has always emphasised the Teachings of the Bible, along with the Tradition and the teachings of the Holy Fathers.

We are very thankful and appreciative of Mrs Pappas’ dedication in writing “*Are You Saved?*” and to Lee G. Quilo who translated it to The Philippino Tagalog Language.

+Paul

Metropolitan Archbishop Paul  
Primate of Australia, New Zealand and the Philippines